

Keota Community School District Breakfast Menu

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

-MENU SUBJECT TO CHANGE-

April 2021

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 Pastry Fresh Mixed Fruit Juice Choice Milk Choice	2 No School
5 No School	6 Sausage Breakfast Sandwich Sliced Peaches Juice Choice Milk Choice	7 Breakfast Pizza Tropical Fruit Juice Choice Milk Choice	8 Cheese Omelet Toast & Jelly Mixed Fruit Juice Choice Milk Choice	9 Breakfast Cookie Orange Wedges Juice Choice Milk Choice
12 Cereal String Cheese Sliced Pears Juice Choice Milk Choice	13 Sausage Breakfast Sandwich Sliced Peaches Juice Choice Milk Choice	14 Breakfast Pizza Tropical Fruit Juice Choice Milk Choice	15 Pastry Fresh Mixed Fruit Juice Choice Milk Choice	16 Ultimate Breakfast Cookie Apple Wedges Juice Choice Milk Choice
19 Cereal String Cheese Sliced Pears Juice Choice Milk Choice	20 Sausage Breakfast Sandwich Sliced Peaches Juice Choice Milk Choice	21 Breakfast Pizza Tropical Fruit Juice Choice Milk Choice	22 Cheese Omelet Toast & Jelly Mixed Fruit Juice Choice Milk Choice	23 Breakfast Cookie Orange Wedges Juice Choice Milk Choice
26 Cereal String Cheese Sliced Pears Juice Choice Milk Choice	27 Sausage Breakfast Sandwich Sliced Peaches Juice Choice Milk Choice	28 Breakfast Pizza Tropical Fruit Juice Choice Milk Choice	29 Pastry Fresh Mixed Fruit Juice Choice Milk Choice	30 Ultimate Breakfast Cookie Apple Wedges Juice Choice Milk Choice

* JUICE CHOICES: APPLE OR ORANGE

** MILK CHOICES: 1% WHITE OR SKIM CHOCOLATE

Keota Community School District Lunch Menu

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April 2021

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 Chicken Nuggets Mash Potato & Gravy Green Peppers Wheat Roll & Jelly Pineapple	2 No School
5 No School	6 Hamburger on a Bun Romaine Lettuce & Tomato Sweet Potato Fries Fruit Cocktail Muffin	7 Spaghetti w/ Meat Sauce Garden Spinach Salad Peas French Garlic Bread Grapes	8 Fish on a Bun Tater Tots Green Beans Orange Wedges	9 Sloppy Joe on a Bun Whole Grain Chips Sweet Potato Puffs Baked Beans Pineapple Tidbits
12 Mini Corn Dogs Garden Spinach Salad Cucumbers Apple Wedges	13 Turkey & Cheese Sub Romaine Lettuce & Tomato French Fries Slice Peaches Graham Snacks (9-12)	14 Chicken Patty on a Bun Tri-Tater Baked Beans Orange Wedges	15 Macaroni & Cheese Meat Balls Corn Baby Carrots Whole Wheat Bread & Jelly Strawberries	16 Pizza Tossed Salad w/ Romaine Garlic Bread Stick w/ Marinara Sauce Fresh Banana
19 Hot Ham & Cheese Potato Wedges Fresh Broccoli Fresh Grapes	20 Pork Rib on a Bun Dark Green Leaf Lettuce & Tomato Sweet Potato Puffs Green Beans Apple Wedges	21 Taco Burger Romaine Lettuce & Tomato Refried Beans Salsa w/ Whole Grain Tortilla Chips (9-12) Pears	22 Chicken Nuggets Mash Potato & Gravy Green Peppers Wheat Roll & Jelly Pineapple	23 Tenderlion on a Bun Romaine Lettuce Tomato Slice Tri-Tater Steamed Carrots Applesauce
26 Pig in Blanket Potato Wedge Broccoli w/ Cheese Apple Wedges 100% Juice Cup	27 Hamburger on a Bun Romaine Lettuce & Tomato Sweet Potato Fries Fruit Cocktail Muffin	28 Spaghetti w/ Meat Sauce Garden Spinach Salad Peas French Garlic Bread Grapes	29 Fish on a Bun Tater Tots Green Beans Orange Wedges	30 Sloppy Joe on a Bun Whole Grain Chips Sweet Potato Puffs Baked Beans Pineapple Tidbits

* FRUIT CHOICE EVERYDAY (9-12)

** REDUCED FAT DRESSING OFFERED WITH SALADS AND VEGETABLES

*** MILK CHOICES: 1% WHITE, SKIM WHITE, AND SKIM CHOCOLATE